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ORTHOPEDIC SURGERY, SPORTS MEDICINE

SHOULDER INJURY - INTAKE FORM

Name: Age: DOB: Today's Date:

Primary care physician: Referred by:

Occupation: Sports/Activities:

Are you (please circle): RIGHT-HANDED LEFT-HANDED

Which shoulder are you here for today? RIGHT LEFT BOTH

When did your symptoms begin (specific date or in weeks/months/years)?

Was there a specific injury? Yes / No (If yes please describe):

Prior surgery/injury to this shoulder? Yes / No (Describe)

NATURE OF SYMPTOMS

Is your pain getting: BETTER WORSE SAME

Please rate your average level of shoulder pain: (none) 1 2 3 4 5 6 7 8 9 10 (worst)

Where is most of your pain? FRONT BACK OUTER SIDE (Lateral) TOP CANT TELL

Is your pain (or other symptoms): CONSTANT INTERMITTENT ASSOCIATED WITH ACTIVITY

Please list activities that are painful/difficult to perform:

Is your pain: SHARP STABBING DULL ACHING

Do you have: a) Pain at night: Yes / No b) Pain with overhead activity: Yes / No

Please circle any of the following that you notice:

LOSS OF MOTION WEAKNESS POPPING /CLICKING INSTABILITY

Do you have neck pain? Yes / No Numbness or tingling into your hand or arm? Yes / No

Has your shoulder ever dislocated? Yes / No (If yes, how many times )

PAST TREATMENT

Medications: Do they help? Yes / No

Injections: Yes / No How many? Most recent Did it help? Yes / No

Physical Therapy: Yes / No How long? Did it help? Yes / No

Other treatment: